



HELENSVALE STATE HIGH enewsletter

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14 February 2024

From the Principal

Our School Values

**Our School Values –
I am RESPECTFUL
I am RESPONSIBLE
I am RESILIENT**

Click here for more information and to see the event calendar

<https://helensvshs.eq.edu.au/Calendarandnews/Eventscalendar/Pages/Eventscalendar.aspx>

Dear Helensvale State High School community

We very much appreciate your support in getting your child ready for the new school year. By ensuring your child arrives at school every day ready for learning demonstrates that you value your child's education. As a school community, we partner together to realise the potential of every child, every student. I thank you for your ongoing support of our school.

Each year we have a theme, devised by, and voted on, by the students. This year our theme is 'Soaring to Success'.



Soaring to Success encourages us to aim high and strive for achievement in various aspects of our lives. Just like our school mascot, the Hawk, at Helensvale State High School we believe anything is possible.

If the hawk lands on a tree branch, it is never afraid of that branch breaking, because its trust is not on the branch, but on its own wings.

Soaring to Success can refer to academic excellence, personal growth, extra-curricular achievements, overcoming challenges, building confidence and much more.

Just like the Hawk, we can all soar to success through determination, strength, courage, stamina, self-belief and of course, our three Rs – respect, responsibility and resilience.

Interschool Sport

This year, our interschool sport competition is bigger and better than ever! No longer do we have GIPSA sport, where we were in a competition with only 3 other schools. We now participate in the much larger Gold Coast competition, encompassing 15 schools across the Gold Coast region. There are 3 clusters, Gold Coast North, Central and South. We initially play against the schools within our cluster. Our school is in the Gold Coast North cluster along with Coombabah SHS, Pacific Pines SHS, Foxwell State Secondary College and Upper Coomera State College. The winning teams of each cluster will then play off in a final.

Students are able to nominate for the following sports:

AFL Junior 9-a-side (Male)	AFL Junior 9-a-side (Female)	Basketball (Male)
Basketball (Female)	Chess (Mixed)	Cricket (Indoor Mixed)
Netball (Female & Mixed)	Soccer (Male)	Soccer (Female)



Table Tennis (Mixed)	Tennis (Mixed)	Futsal (Mixed)
Touch (Male & Mixed)	Touch (Female & Mixed)	Pickleball
Volleyball (Male)	Volleyball (Female)	E-Sports (YR8 & 9)
Lawn Bowls (Mixed)	Golf (Male)	

Mr Sherlock, our Sport Coordinator, discussed the interschool sport competition on assemblies. Students must read their emails which also provide information on not only the interschool sport competition, but Broadwater sports trials, which are happening now, and the upcoming school swimming carnival.

The **major sponsor** for the GC Sport comp is Village Roadshow Theme Parks. A message from our major sponsor:

Village Roadshow Theme Parks is proud to partner with the Gold Coast Secondary Principals Alliance for their upcoming Gold Coast Sport 2024 inter-school sport program. The partnership is a wonderful opportunity to showcase our educational experiences, theme parks and attractions, while also providing participants with a range of exclusive ticketing options.



Parents and Citizens Association Annual General Meeting

At our last P and C meeting of the 2023 school year, a decision was made for the P and C to go into caretaker mode. A P&C Association is put into caretaker mode where the Association has less than two P&C Executive Officers, which was the case at the end of the year, and the vacant positions were unable to be filled.

This decision was not taken lightly. It is unfortunate that we, as one community, were unable to fill Executive positions and a small membership. Whilst our Executive were keen to perform the functions of the P and C, the commitment needed to have a dynamic P and C was shared across just a few people and could not be sustained. So what does Caretaker

Mode mean?

Where the P&C cannot form a full Executive they can continue to operate so long as they have two officers that can act as cheque signatories. Without two officers to authorise payments, (including wages) the P&C is not considered functional. In that instance the management of the P&C Association would be handed back to the school Principal to manage. A 7000 cost centre would be opened to handle all P&C receipts and payments. The P&C bank account cannot be accessed as there are not two signatories to authorise any payments. The school manages the 7000 cost centre. (P and C Guide).

The P and C Association made the decision to be in caretaker mode for this year, with the intention to hold an AGM at the beginning of next year to see if there was any interest in re-establishing the P and C Association.

If I receive interest from the community to fill the vacant Executive positions and there was interest in membership, we can re-establish the P and C prior to the AGM.

The P&C Volunteer Personal Accident Insurance will remain in place and continue to cover any volunteers acting in a voluntary role for the school, as this policy is a group scheme contributed to by the Department of Education. **There can be no fundraising**, with the exception of the Student Council.

As a school community we value the input of our parents and citizens. Please do not hesitate to contact me if you are interested in filling the role of a P and C association Executive member.

If your child is not settling into school, or you have any concerns about the learning and wellbeing of your child, please contact the Head of your child's Learning Community.

Kind regards

Karen Lindsay

Executive Principal

Helensvale State High School

Welcome to our International Students 2024

This term we welcome 15 new international students to Helensvale SHS! Students are from Japan, Vietnam, Germany and Switzerland. Our International Program currently has 31 students.

We also have 3 study tours from Japan visiting this term.



Need to Know





School Photo Day Is On!

Wednesday 28th February - Years 7, 8, 12
Friday 1st March - Years 9, 10, 11 + Siblings

School photos are ordered [online](#) through MSP.
Details on how to order your photos will be emailed to all Parents/Carers in Week 4.
Please check your junk/spam inbox if you have not received your email.

HSHS GP CLINIC
FOR ALL YOUR HEALTHCARE NEEDS

OUR SERVICES:

- Bulk billed
- Scripts
- Pathology, physio, x-ray & radiology referrals
- Mental Health Care Plans
- Wound care
- Health advise
- General appointments
- Medical Certificates

DR HENGI
EVERY WEDNESDAY
LOCATED IN THE SWELL
BOOK NOW
2184_doctor@eq.edu.au

HELENSVALE STATE HIGH SCHOOL

Year 7, 2025 Academy Applications NOW OPEN!

**AFL | SOCCER | NETBALL
EXCITE | E4E | JAPANESE
DANCE | DRAMA | VISUAL ART |
CREATIVE INDUSTRIES**

Our selective entry Academy Excellence programs offer students a unique opportunity to pursue their passion. As a member of the Helensvale Academy, students will engage in challenging learning experiences that foster elite skill development, critical and creative thinking, quality collaboration and effective communication. Our expert teachers are committed to nurturing each and every student to realise their full potential. In catchment and out of catchment applications welcome.

Applications Close - 28 February 2024

Application forms on our website
www.helensvaleshs.eq.edu.au/curriculum/programs-of-excellence

EXCITE Camp

Week 3 saw the newest members of our Excite Program heading off on their first adventure together: CAMP! They spent three nights at the Currumbin Valley Campus where they were immersed in team-building, through activities like rock-climbing, kayaking and bush navigating. They had a fabulous time getting to know their peers who are in the program, as well as some of the Excite teachers.



Sports

HSHS Swimming Carnival

Our first sporting event for 2024 the annual HSHS Swimming Carnival will be held on Thursday the 15th February at the Gold Coast Performance Centre, Runaway Bay. Good luck to all those students involved, let's hope for blue skies and sunshine on what will be a great day for the HSHS community.

Broadwater Sport Representative Trials

The following Broadwater School Sport trials are occurring from February 6th – March 22nd from weeks three - nine 2024. Please make sure students come to the Sports office to nominate for your chosen sport.

WK3 - 4 February 6th – 16th, Football Girls 13-15 years, Football Girls 16-19 years, Golf Boys & Girls 10 – 19 years, Rugby League Girls 17-18 years, Rugby League Girls 15-16 years, Softball Boys & Girls 13-19 years,

Basketball Boys 13-16 years, Basketball Girls 13-16 years, Water Polo Boys & Girls 13-19 years.

WK5 - 9 February 19th – 22nd March, Rugby League Boys 14-15 years, Rugby League Boys 16-18 years, Swimming 10-19 years Boys & Girls, AFL Girls 13-15 years, AFL Boys 13-15 years, Basketball Girls 10-12 years, Basketball Boys 10-12 years, Basketball Girls 17-19 years, Basketball Boys 17-19 years, Hockey Girls 13-15 years, Hockey Boys 13-15 years, Rugby Union Boys 17-18 years, AFL Boys 10-12 years, AFL Girls 10-12 years, Touch Football Girls 10-12 years, Touch Football Boys 10-12 years, Rugby League Boys 11-12 years, Squash Boys & Girls 10-19 years, Hockey Girls 10-12 years, Hockey Boys 10-12 years, Touch Football Girls 13-15 years, Touch Football Boys 13-15 years, Touch Football Girls 16-18 years, Touch Football Boys 16-18 years.

Any questions please see Mr. Sherlock or Mrs Williams in the Sports Office. Thanks

Media Consent and QParents

It is the school's usual practice to take photographs or record images of students and occasionally to publish limited personal information and student materials for the purpose of celebrating student achievement and promoting the school and more broadly celebrating Queensland Education.

To achieve this, the school may use newsletters, it's website, traditional media, social media or other new media as listed in consent form.

The State School Consent form may, at your discretion, provide consent for personal information and a licence for the student materials to be published online or in other public forums. It also allows your child's personal information and student materials to be presented in part or alongside other students' achievements.

The school needs to receive consent in writing before it uses or discloses your child's personal information or student materials in a public forum. This form is a record of the consent provided and is completed through QParents.

If you are already registered with QParents please log on to approve the State School Consent form in QParents, which will appear as a notification on your home screen.

If you have not yet registered, once you do register please navigate to the Consent tile on the QParents home page.

If you would prefer not to complete the consent via QParents please contact the front office on 5573 8555 or Admin@helensvaleshs.eq.edu.au to receive a hardcopy or emailed consent form.

What is QParents?

QParents is a user-friendly portal accessible via an app or web browser, providing parents with secure online access to information about their child's state schooling. It allows you to access and manage information online about your child at this school.

You can access information about:

- Timetables
- Report Cards
- Events – Excursions, School Events, Assessments & Exams
- Invoices and payment history

Further information is available on the attached QParents instruction guide for parents

How to Register

This is the direct link to either register for QParents or login after you have joined:

[Click here for more information](https://qparents.qld.edu.au/#/login)
<https://qparents.qld.edu.au/#/login>

In order to register, you will need:

- **Your unique invitation code – please check your emails as this was sent to you on 22/11/2023**
- An active email account
- Each child's EQ ID number (found on academic reports and student timetables)
- 100 points of ID to verify your identity (all explained on the attached factsheet)

Link and Launch



Hey Grade 12 graduates – do you need support to find a job or book into further study or training (in the apprenticeship space) now that school is over?

Leaving school after graduating from Year 12 can be both exciting and scary – congratulations you achieved that! Sometimes it can be confusing though, working out your 'next step'.

Don't forget you can still access free and specialised support through Elaine Braniff your Link and Launch Coordinator at HSHS.

You can reach Elaine for your personalised chat by phoning, texting or emailing.

Talking it through might just make the difference!

Link and Launch Support can include:

- Career Planning & Assessment
- Resume writing
- Job Applications
- Interview Preparation
- Uni applications
- Apprenticeships & Traineeships
- Employment Full or Part Time
- Free TAFE for Under 25's
- Community referrals
- SQW Programs
- Understanding the job market & Workplace Expectations
- Wellness
- Gap year experiences



Call or text 0401 127 905
Email: ebbran61@eq.edu.au
<http://www.qld.gov.au/linkandlaunch>

Communication Channels Explained

As we continue to better utilise our communication channels we have included a short explanation of our methodology behind the different communication channels here at Helensvale SHS, and hope that it will be helpful in locating information and assistance.

- Helensvale SHS Website – Is to be the main source of information. It is for whole school information, we ask that you search here as your first point of call.
- All our enrolment information, various policies, contacts, permission forms are here.
- There is a calendar which we endeavor to keep current, and news.

- Emails – parents and students may receive important information through this channel, from administration and teaching staff. Parents are advised to regularly check their junk email if they are not receiving school emails. It is important that the school is advised when email addresses are changed, so vital information is received.
- Facebook is for small celebratory information, and announcements, at short notice. This information is available to parents, students and community. If you have any queries please be sure to check the website in the first instance as this is where we communicate much of our information.
- Instagram is student specific, celebrating successes, or highlighting work/ ability. This is not an information source.

Gold Coast Performance Centre Academy Program

GOLD COAST PERFORMANCE CENTRE

Submit Your Expression of Interest Online Now

2024 GCPC ACADEMY

An opportunity for 13-17yo aspiring and current athletes to supplement their current training and develop a 'Performance Culture' to achieve personal excellence in their sporting journey.

DESIGNED TO PREPARE YOUNG PROMISING ATHLETES TO THRIVE IN SPORT

INCLUSIONS

- ✓ Structured S&C Program
- ✓ GCPC Full Membership
- ✓ Workshops
- ✓ Ice Bath Recovery
- ✓ Fitness Testing

EXPRESSION OF INTEREST

FIND OUT MORE

ABOUT THE PROGRAM

Athletes can engage with the program through a new or existing GCPC membership and supplement their training with additional sessions. This program has been created based on feedback provided by elite sports professionals from various fields and encompasses the foundations required to build an all round strong athlete with skills to carry on into any preferred sport.

COST

Concession
\$4350 /week

INFO NIGHT
WED 14TH FEB

Tutorials

Helensvale State High School

**MATH
TUTORIALS**

S306 & S307

THURSDAY
3pm - 4pm

MATHEMATICA LINGUA
UNIVERSI

**SCIENCE
TUTORIALS**

Tuesday 3-4pm
Meet in CB05

Junior Science (Years 7-9)
General Science (Year 10)
Senior Biology
Senior Chemistry
Senior Marine Science
Senior Physics

Humanities
Tutorials

Thursday afternoons
Week 3 to 9 each term
3pm - 4pm in DG02

Homework, lesson catch up, Quiet study,
Assignment help, and exam revision.

Cyberbullying Help

What would you do if your child was being cyberbullied?

According to research by the [eSafety Commissioner](#), 1 in 5 young people experience cyberbullying and online abuse and 55% seek help from their parents/carers.

Our free training is available online and has been designed to be completed on a range of internet ready devices, including smart phones.

[Click here to visit the Parent Line Cyberbullying webpage](https://parentline.com.au/cyberbullying)
<https://parentline.com.au/cyberbullying>

Support Staff

As part of our Learning and Well-being framework, we have created a Well-being Hub for students and parents, which can be accessed through the Helensvale

State High School webpage. The hub includes links to other websites and apps which can help to support student well-being, as well as provide information on career pathways. To access these 'well-being hubs' click on the icons below or go to the HSHS website from the link below. scroll down the page and click on the relevant icon.

[Click here for more information](https://helensvaleshs.eq.edu.au/)

<https://helensvaleshs.eq.edu.au/>



Student Well-being Hub



Parent Well-being Hub

Acknowledgment of Country

Helensvale State High School as **one community**, acknowledges the Kombumerri Peoples, the Traditional Custodians of the land on which our school is built. We respect their long history, ancestry and culture. We pay our respects to the Elders, past, present and emerging for they carry the memories and traditions of past times.

We would also like to extend our acknowledgment to other First Nations Peoples: those hailing from the Torres Strait Islands and those belonging to other Aboriginal Language Groups.

We acknowledge the strength and **resilience** of Kombumerri peoples. We **respect** their enduring connection to the local wetlands and the cultural **responsibility** they uphold to preserve wildlife. Together, we go forward, learning in the spirit of these values.